

Everyday Superheroes Lesson Plan Grades 1-3

Introduction Question:

Teacher shares about a hero from childhood.

The Bible is full of heroes!

David was brave by slaying a giant. Abraham was brave because he led his people into an unknown land. Daniel was brave because he faced a pit of lions. Paul was brave because he was one of the first international missionaries.

Guiding Verse:

John 13:34: "A new commandment I give unto you, that you love one another; as I have loved you, that you also love one another."

Slides of Heroes with Movements:

It's easy to get mixed-up when we think about heroes. Even adults get mixed up! We think heroes need to be really strong or rich or powerful. Sometimes we even think heroes need to do superhuman things!

To help clear-up confusion, we are going to talk about people the world sees as heroes and real heroes. Then we are going to honor a real-life hero. Someone in our own life. Someone everyone in here knows.

Superman-Arms in front
Spiderman-Pretend spider web being thrown
Steff Curry-Bouncing a basketball twice and then shooting
Taylor Swift-Singing and throwing arm in the air
Luke Skywalker-Holding Lightsaber
Corrie ten Boom-Hands folded praying

Introduce Corrie ten Boom

Hold book up and point to Corrie.

Script: This is Corrie ten Boom, and this is her sister Betsie. Although these two women are drawn as illustrations here, this book is true. Corrie and Betsie lived in the Netherlands, which is all the way across the ocean from us, and they lived during World War II. World War II was a very sad time in our history. It's a time when an evil leader named Adolf Hitler and his army of soldiers called the Nazis tried to take over the world. They put people in prison, separated families, and even killed people who were different than they were.

There were many heroes during World War II, Corrie and Betsie ten Boom were just a few. Corrie and Betsie didn't fly or shoot spider webs from their hands. They weren't talented basketball players or great singers. They didn't hold Light sabers. Instead, they prayed to God, and they acted boldly in his name.

What did they do? Good question! They thing the Ten Boom sisters are most famous for is building a hiding place in their own home. They wanted to hide people from the Nazi soldiers. Corrie and Betsie had workers sneak into their home, build a fake wall that looked like a closet, and they hid people there. It was not big! In fact, this hiding place was very small, but it worked and the Ten Boom sisters are credited for helping over 800 people during the war.

That's bravery. That's being gutsy for God. That's a hero.

Read the story

Read the story aloud. Look for and point out ways Corrie and Betsie ten Boom were heroes

Activity

When the story is finished, tell the students they are going to honor a hero in their life. Brainstorm a list of things this person does. Depending on age either write a short note or draw a picture of this person and what makes them a hero.